

**NEED HELP WITH FOOD OR RENT?**  
**STRUGGLING TO PAY YOUR BILLS?**

**CONTACT**  
**ABCD CONNECT**

**If you've fallen behind on your bills or  
lost your job or income due to COVID-19,  
we can help you cover expenses:**

- ▶ Groceries
- ▶ Rent
- ▶ Childcare
- ▶ Utilities
- ▶ Internet
- ▶ Transportation  
and more



**ABCD STAFF ARE STANDING BY.  
CONTACT US!**

**617.348.6329 (617.34 TODAY)**  
or **[abcdconnect@bostonabcd.org](mailto:abcdconnect@bostonabcd.org)**

*Help is available in all languages.*

